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**PHYSIOLOGICAL CHARACTERISTICS OF HEALTH CONDITION OF MEN OF 36-30 YEARS OLD, CONDUCTED REGULARLY POWER LOADS**

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*In the life period between 36 and 60 years old (2<sup>nd</sup> maturity stage) specific power training of weight-lifters becomes the factor of control of the process of involution with prolong retention of a number of physiological characteristics that are functionally prevailed over the same characteristics of persons under control. This is the result of formation of solid muscular corset, stable vertebral column and optimally functioned cardiovascular system.*

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